

THE OLYMPIC CLUB of WELLINGTON (Inc)

PROUDLY PRESENTS

THE

2007 SHAW BATON RELAYS

SATURDAY 5 MAY 2007

VENUE: Battle Hill Farm Park – Pauatahanui/Paekakariki Hill Rd,
Porirua, WELLINGTON.
(6km north of Pauatahanui General Store).

DISTANCE: 2km laps - cross-country

COURSE: grass, gravel tracks, mostly flat to undulating with one sharp uphill & downhill. Log jumps and a water jump. Course marked with Red & White flags. Go through 'gate' when 2 set together or up to 5metres either side if set alone. Failing to follow correct course may result in disqualification

RACE TIMES:

1:00pm	Senior Women	W20 – 34.) 4 Runners
	Masters Women	W35 +) per
	Junior Women	G15 & 16, W17, 18 & 19) Team
	Boys, Girls & Mixed	B & G10, 11, 12, 13 & 14)
1:50pm	B & G 9 and Under	1km Fun Run - Mass Start	
2:00pm	Senior Men	M20 - 39) 6 Runners
	Masters Men	M40 +) per
	Junior Men	B15 & 16, M17, 18 & 19) Team

PLEASE NOTE: Age is taken as your age as at 31 December 2007, OR in the case of Masters, age on the day of the event.

COME AND TRY CROSS COUNTRY RUNNING

The Relays are open to teams from Business/Corporates, Schools, Colleges and Recreation Runners who are welcome to enter in age/gender grades as above. Mixed Business/Corporate teams run in the 2.pm race with 4 per team.

ENTRY FEES:

Senior Women, Masters Women, Jnr Women	Club	\$28.00 per team
	Non-club	\$32.00 per team
Boys/Girls/Mixed	Club	\$14.00 per team
	Non-club	\$18.00 per team
Senior Men, Masters Men, Junior Men	Club	\$42.00 per team
	Non-club	\$50.00 per team

ENTRY PROTOCOLS – RACE RULES:

1. Email team entry details (see page 3), or post to Race Director, 39 Roseneath Tce, Wellington, to arrive by 5pm Tuesday 1 May 2007.
Athletics Wellington Clubs will be invoiced for entry fees after the event.
Clubs outside the Athletics Wellington Centre, Business and School Teams, please pay entry fees on the day.
Make cheques out to: Olympic Harriers,
PLEASE complete all sections of entry form.

2. Confirm entry details (**any changes OR not**) at Race HQ Caravan at least 15minutes before relevant race start time and collect Team Recording Sheets.(1 per team)

Provide: Club Name, Team, Grade & Team Number and Runners' Full Names in lap order.
3. **PLEASE USE THE TEAM RECORDING SHEET PROVIDED BY THE RACE HOST.**
4. **Club teams** wear race letter/numbers as allocated by Athletics Wellington, Cross-Country & Road Committee, on the front of singlet. Visiting teams please indicate race number to be used on the entry form.
5. **Non-club teams** will be allocated letters &/or numbers for respective teams. Contact person will be informed by Thursday 3 May 2007.
6. **No runner may run more than one lap** for any A &/or B team across all grades and races.
7. Next lap runners **must enter** the start line from the **side access, NOT VIA FINISH SHUTE** where runners are finishing.
8. Hand in team sheet with actual running order and self-taken times, to Race HQ Caravan immediately after your last runner finishes. Remember Full Names please.
9. First Aid available.
10. Toilets available, no changing facilities, come prepared.
11. **ABSOLUTELY NO DOGS ARE PERMITTED AT BATTLE HILL FARM PARK**
12. Results will be posted on the Olympic Harrier Club website at www.olympicharriers.org.nz
13. Winning Team Members- please remain for prize-giving which will be immediately after the Second race.
14. Trophies: Shaw Baton Trophies for;

Senior Men	Masters Men	Junior Men
Senior Women	Masters Women	Junior Women

Miniature batons for winning team athletes
Certificates for B/G/Mixed 14 and Under teams

Murray McGaughran
Race Director
(04) 384-8762
(027) 244-9422

email: murvic@clear.net.nz

2007 SHAW BATON RELAYS

ENTRY FORM

Club/TeamContact Name: Tel:
 (one contact per club/school/business) Duplicate this form for more entries.

Team:	WHAC A, Scot B, etc	Grade Senior Men, Junior Women, etc	Race # 0
Circle one θ	CLUB	RECREATION	
Lap	First Name (Print clearly)	Last Name	Age
1			
2			
3			
4			
5			
6			

Team:	Grade:	Race # 0
Circle one θ	CLUB	RECREATION	
Lap	First Name (Print clearly)	Last Name	Age
1			
2			
3			
4			
5			
6			

Team:	Grade:	Race # 0
Circle one θ	CLUB	RECREATION	
Lap	First Name (Print clearly)	Last Name	Age
1			
2			
3			
4			
5			
6			

Email to murvic@clear.net.nz by 5pm Tuesday 1 May 2007 (for more teams duplicate this form)