

PROGRAMME AND ENTRY FORM

WELLINGTON MASTERS TRACK & FIELD CHAMPIONSHIPS

NEWTOWN PARK

SUNDAY 4th FEBRUARY, SATURDAY 17th FEBRUARY & SUNDAY 11th MARCH 2006

IF YOU CAN ASSIST IN RUNNING EVENTS YOUR HELP WOULD BE MOST APPRECIATED

FOR ALL EVENTS 3000M & OVER - PLEASE ARRANGE YOUR OWN LAP SCORERS

PROGRAMME:

SUNDAY 4 FEBRUARY

9:00 Shot Put
9:30 100m
10:00 1500m
10:15 Triple Jump
10:30 Discus
11:00 200m
11:30 Hammer

SATURDAY 17 FEBRUARY*

8:30 10,000m
10:15 Pole Vault

SUNDAY 11 MARCH

9:00 Weight Pentathlon
10:30 Pentathlon

LUNCH

12:30 5000m Walk
High Jump
1:00 Weight Throw
1:30 300/400m Hurdles
2:00 400m
2:15 Long Jump
2:30 2000/3000m Steeples
Javelin
3:00 5000m

LUNCH

1:00 Sprint Hurdles
1:20 3000m Walk
2:00 800m

12noon Lunch &

Presentation of Awards

* Please note that the second day of our champs is in conjunction with the Wellington Centre T&F Champs. This is a departure from our usual programme due to changes in dates of other events. The timing of events on this day will depend on the number of entries in the other centre events. Confirmed times will be sent to those athletes entering events on this day.

Lunches are available free of charge to all officials. Athletes wishing to purchase a lunch (\$6) can do so on the entry form.

WELLINGTON MASTERS TRACK & FIELD CHAMPIONSHIPS 2006

4 February/17 February/11 March

PLEASE ENTER ME IN THE FOLLOWING EVENTS:- (Print clearly please)

1 _____	7 _____
2 _____	8 _____
3 _____	9 _____
4 _____	10 _____
5 _____	11 _____
6 _____	12 _____

NAME: _____ M/F: _____

ADDRESS: _____

CLUB: _____ EMAIL: _____ TELEPHONE No: _____

CURRENT NZMA REGISTRATION No: _____ AGE: _____ BIRTHDATE: _____

ALL ATHLETES MUST BE CURRENT FINANCIAL MEMBERS OF NZMA

ENTRIES CLOSE TUESDAY 30th JANUARY 2006

(Entries for the multi events will be accepted up to 4 March)

CHEQUES payable to: Wellington Masters Athletics

I ENCLOSE Entry Fee.....	<input type="checkbox"/>	10.00
Masters Subscription (if not already paid).....	<input type="checkbox"/>	45.00
Lunch (4 Feb)	<input type="checkbox"/>	6.00
Lunch (17 Feb)	<input type="checkbox"/>	6.00
Lunch (11 Mar).....	<input type="checkbox"/>	6.00

TOTAL \$ -----

Send to: Wellington Masters Track & Field Championships,
49 Dress Circle, Newlands, Wellington 6037 - Telephone 04 477 4914

DECLARATION AND AGREEMENT TO BE SIGNED BY ALL PARTICIPANTS

I agree to abide by the following event rules.

1. I will follow the directions of event officials.
2. I acknowledge that I compete at my own risk.
3. Privacy Act: Information concerning this event may be used by Wellington Masters Athletics for promotional purposes.

Signed _____