

WELLINGTON MASTERS ATHLETICS

27th 8km ROAD RACE & RACE WALK

SUNDAY, 17th JULY, 2011

Olympic Harrier Clubrooms, Alex Moore Park, Bannister Avenue, Johnsonville

Note: Due to traffic the start and finish is now in Kipling Street. The roads are **NOT** closed to traffic

Road Race: 5 laps = 8 km – Start 11.00 am

Race Walk: 4 laps = 6.4 km – Start 10.45 am

Prizes: Prizes will be awarded to the first place runner in each age group plus additional prizes where warranted.

Prizes for the first 3 Club teams.
(2 running teams and 1 walking team.)

Prizes for first two men and women in race walk plus additional prizes where warranted.

Teams: Running – Four to a team with at least one woman.
Walking – Three to a team (mixed team).

A light lunch will be provided.

A number of Spot Prizes will be drawn on the day.

Entries: Entry Fee: \$10.00
Entries received after 13th July: Late Fee: \$5.00

Non-members: \$15.00
Pre-Masters are welcome.

Make cheque payable to Wellington Masters Athletics

Send entries to: Brian Watson, 14 Hewson Crescent, Otaki Beach, Otaki 5512 - Telephone 06 364 7758



Wellington Masters 8km Road Race and Walk

NAME: TELEPHONE No.

ADDRESS:

EMAIL:

CLUB: AGE ON RACE DAY:

RUNNER or WALKER (Please delete or circle one)

DECLARATION AND AGREEMENT TO BE SIGNED BY ALL PARTICIPANTS

I agree to abide by the following race rules.

1. I will follow the directions of race officials.
2. I acknowledge that I compete at my own risk.
3. There are NO road closures.
4. Runners and walkers must use the footpaths provided or where there is no footpath, run/walk on the left hand side of the road.
5. Privacy Act: Information concerning this event may be used by Wellington Masters Athletics and its sponsors for promotional purposes.

Signed.....