

WELLINGTON MASTERS ATHLETICS

23rd 8km ROAD RACE & RACE WALK

SUNDAY . 22nd JULY . 2007

Olympic Harrier Clubrooms, Alex Moore Park, Bannister Avenue, Johnsonville

Note: Due to traffic the start and finish will now be in Kipling Street. The roads will NOT be closed to traffic

Road Race: 5 laps = 8 km - Start 11.00 am

Race Walk: 4 laps = 6.4 km - Start 10.45 am

Prizes: Prizes will be awarded to the first place runner in each age group plus additional prizes where warranted.
Four to a team with at least one woman.
Prizes for first two men and women in race walk plus additional prizes where warranted.
A number of Spot Prizes will be drawn on the day.

Prizes for the first 2 Club teams,
Pre-masters are welcome.

A light lunch will be provided.

Entries: Entry Fee: \$10.00
Non-members: \$15.00
Entries received after 18th July: Late Fee: \$5.00

Cheques made payable to Wellington Masters Athletics

Send entries to: Brian Watson, 58 Bannister Avenue, Johnsonville, Wellington 6037 - Telephone 04 478 6232



Wellington Masters 8km Road Race and Walk

NAME: TELEPHONE No.

ADDRESS:

EMAIL.....

CLUB:

DATE OF BIRTH:/...../.....

RUNNER or WALKER (Please delete or circle one)

DECLARATION AND AGREEMENT TO BE SIGNED BY ALL PARTICIPANTS

I agree to abide by the following race rules.

1. I will follow the directions of race officials.
2. I acknowledge that I compete at my own risk.
3. There are NO road closures.
4. Runners and walkers must use the footpaths provided or where there is no footpath, run/walk on the left hand side of the road.
5. Privacy Act: Information concerning this event may be used by Wellington Masters Athletics and its sponsors for promotional purposes.

Signed.....