

WELLINGTON MASTERS ATHLETICS

22nd 8km ROAD RACE & RACE WALK

SUNDAY. 23rd JULY. 2006

Olympic Harrier Clubrooms, Alex Moore Park, Bannister Avenue, Johnsonville

**Note:** Due to traffic the start and finish will now be in Kipling Street The roads will NOT be closed to traffic

**Road Race:** 5 laps = 8 km - Start 11 00 am      **Race Walk:** 4 laps = 6 4 km - Start 10 45 am

**Prizes:** Prizes will be awarded to the first place runner in each age group plus additional prizes where warranted  
Four to a team with at least one woman  
Prizes for first two men and women in race walk plus additional prizes where warranted  
A number of Spot Prizes will be drawn on the day

Prizes for the first 2 Club teams  
Pre-masters are welcome

A light lunch will be provided

**Entries:** Entry Fee \$800      Non-members \$1500  
Entries received after 19<sup>th</sup> July Late Fee \$2 00

Cheques made payable to Wellington Masters Athletics

Send entries with cheques to  
Kathryn Fraser, 49 Dress Circle, Newlands, Wellington 6004 - Telephone 04 477 4914

Wellington Masters 8km Road Race and Walk

NAME      TELEPHONE No

ADDRESS

EMAIL

CLUB      DATE OF BIRTH

RUNNER or WALKER (Please delete or circle one)

DECLARATION AND AGREEMENT TO BE SIGNED BY ALL PARTICIPANTS

- I agree to abide by the following race rules
- 1 I will iollow the directions of race officials
  - 2 I acknowledge that I compete at my own risk
  - 3 There are NO road closures
  - 4 Runners and walkers must use the footpaths provided or where there is no footpath run/walk on the left hand side of the road
  - 5 Privacy Act Information concerning this event may be used by Wellington Masters Athletics and its sponsors for promotional purposes

Signed