

20th WELLINGTON MASTERS CLASSIC CLUB RELAY

SUNDAY 1st MAY 2005 at 10.00am

VENUE: Trentham Memorial Park off Barton Avenue, Upper Hutt

COURSE: A 4km circuit around Trentham Memorial Park, a mixture of road and grassland. At this time of the year underfoot conditions are usually firm.
Runners - 5 laps of 4km each = 20km. Walkers - 3 laps = 12km

RACE CONDITIONS:

Runners / Walkers should be current financial members of NZ Masters Athletics.

Non-NZMA members pay \$10 extra.

Where a team has to make last minute changes e.g. a competitor having to run/walk twice that team will not qualify for major placings or prizes. Failure to notify any team changes will result in **DISQUALIFICATION of the team.**

Any protest must be lodged within 10 minutes of the protesting team completing its final lap
Mixed running teams must have at least 2 women runners.

Team composition and running order MAY NOT BE CHANGED FROM THAT SHOWN ON ENTRY FORM but replacement due to withdrawal or injury may be made by phone before the day of the race or up to 9.30am on the morning of the race. Any team changes to be submitted in writing.

COMPOSITE TEAMS:

Clubs that do not have enough Masters to field a team may combine with other Masters runners to form a Composite Team.

MARSHALLS: Each Club will be required to provide at least one Marshall for the course

TIMING: Teams are asked to provide a back-up for the printer-timer by recording their team's times on the recording sheets included in the Race Pack. Please have STOP WATCHES!

UMPIRES: Umpires will be appointed and published on the day. They will also be the Protest Committee.

PRE-VETS: May participate but any team with a pre-vet member will be classed as a pre-vet team and compete in the Pre-Vet Section (30-34 years)

PRIZE LIST: The prize lists comprises:

- 1 1st Men's Team-Hamlin Trophy
2. 1st Women's Team - Trentham United Harrier Club Cup
3. 1st Mixed Team (at least 2 women) - Wellington Centre of NZAVA Trophy
4. 1st Team with aggregate of 250 or more years- Marilyn Hamlin Trophy
5. 1st Team with aggregate of 300 or more years
6. 1st Walk Team
7. 1st Pre-Vets Team.

A limited number of spot prizes - All teams eligible.

PRIZE GIVING: Approximately 12.30pm.

REFRESHMENTS:

A selection will be available. Pay for what you consume! The Club's licence facility will be operating

CHANGING & SHOWER FACILITIES:

These are available in the clubrooms.

ENTRY FEE: \$25 per running team. \$15 Walk teams
\$10 extra for each non-member of NZMA
Late entries- Double Fees + \$10 extra for each non-NZMA competitor.

ENTRY DEADLINE:

Entries with entry fee must reach Kathryn Fraser, 49 Dress Circle, Newlands, Wellington 6004 by Wednesday 27th April 2005.

ENQUIRIES: Can be made to: Kathryn Fraser 04 477 4914