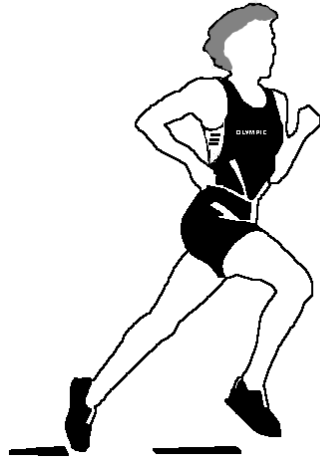




(Established 1914)



2007/08 JUNIOR TRACK & FIELD CLUB SYLLABUS

Clubrooms: Top Field, Alex Moore Park, Bannister Ave, Johnsonville
Postal: PO Box 13-095, Johnsonville
Website: www.olympicharriers.org.nz

Edition # 2 – 15 October 2007

O C T O B E R

15 Club Opening Night

Venue: Alex Moore Park
Time: 6pm to 7.15pm

22 No Club Night – Labour Weekend

28 **Specialist Training

Venue: Alex Moore Park
Time: 2pm to 3pm (for 5 to 8 year olds)
3pm to 4pm (for 9 to 14 year olds)
Cost: \$5 per athlete
Specialist RUNNING training with Amanda Goldsmith, Wellington Inter Provincial Coach.

29 Club Night

Venue: Alex Moore Park
Time: 6pm to 7.15pm

N O V E M B E R

4 **Specialist Training

Venue: Alex Moore Park
Time: 2pm to 3pm (for 5 to 8 year olds)
3pm to 4pm (for 9 to 14 year olds)
Cost: \$5 per athlete
Specialist THROWING training with Amanda Goldsmith, Wellington Inter Provincial Coach.

5 Club Night

Venue: Alex Moore Park
Time: 6pm to 7.15pm

11 Interclub Masterton

For: Children aged 7 to 14 inclusive
Venue: Masterton
Time: 10am to 1pm

12 Club Night

Venue: Alex Moore Park
Time: 6pm to 7.15pm

18 **Specialist Training

Venue: Alex Moore Park
Time: 2pm to 3pm (for 5 to 8 year olds)
3pm to 4pm (for 9 to 14 year olds)

Cost: \$5 per athlete
Specialist JUMPING training with Amanda Goldsmith, Wellington Inter Provincial U12, 15 and 17 Coach and Manager.

19 Club Night

Venue: Alex Moore Park
Time: 6pm to 7.15pm

25 Interclub Paraparaumu

For: Children aged 7 to 14 inclusive
Venue: Paraparaumu Domain
Time: 10am to 1pm

26 Club Night

Venue: Alex Moore Park
Time: 6pm to 7.15pm

D E C E M B E R

2 Interclub Wellington

For: Children aged 7 to 14 inclusive
Venue: Newtown Park, Newtown
Time: 10am to 1pm

3 Club Night

Venue: Alex Moore Park
Time: 6pm to 7.15pm

8 Interclub Titahi Bay

For: Children aged 7 to 14 inclusive
Venue: Kura Park, Kura Street, Titahi Bay
Time: 10am to 1pm

10 Club Night

Venue: Alex Moore Park
Time: 6pm to 7.15pm

17 Club Night

Venue: Alex Moore Park
Time: 6pm to 7.15pm

J A N U A R Y

4-6 North Island Colgate Games
Venue: TET Stadium, Inglewood, Taranaki

11-13 South Island Colgate Games
Venue: QEII Stadium, Christchurch

21 Medal Day Lower Hutt
Venue: Hutt Rec Ground, Lower Hutt
Time: 10am to 1pm
(Wellington Anniversary Monday)

28 Club Night
Venue: Alex Moore Park
Time: 6pm to 7.15pm

F E B R U A R Y

4 Club Night
Venue: Alex Moore Park
Time: 6pm to 7.15pm

6 Ribbon Day Paraparaumu
For: Children aged 7 to 14 inclusive
Venue: Paraparaumu Domain
Time: 10am to 1pm
(Waitangi Day)

10 Interclub at Newtown Park
For: Children aged 7 to 14 inclusive
Venue: Newtown Park, Newtown
Time: 10am to 1pm

11 Club Night (Club Champs)
Venue: Alex Moore Park
Time: 6pm to 7.15pm

17 Interclub Karori (at Newtown)
For: Children aged 7 to 14 inclusive
Venue: Newtown Park, Newtown
Time: 10am to 1pm

18 Club Night (Club Champs)
Venue: Alex Moore Park
Time: 6pm to 7.15pm

24 Interclub Mana
For: Children aged 7 to 14 inclusive
Venue: Adventure Park, Whitby
Time: 10am to 1pm

M A R C H

3 Club Night (Club Champs)
Venue: Alex Moore Park
Time: 6pm to 7.15pm

9 WELLINGTON CHAMPS
Venue: Newtown Park
Time: 9.30am start. Start and finish times for athletes will vary depending on events entered.

10 Final Club Night
Venue: Alex Moore Park
Time: 6pm to 7.15pm

16 WELLINGTON CHAMPS
Venue: Newtown Park
Time: 9.30am start. Start and finish times for athletes will vary depending on events entered.

17 Club Prizegiving
Venue: Clubrooms, Alex Moore Park
Time: 6pm to 7.15pm

CLUB COACHING

Subs cover coaching and activities on Monday club nights and participation in all interclubs. Interclubs are open to registered club athletes aged from 7 to 14 years of age.

**Additional specialist coaching has been included in the season calendar. These will be run by Amanda Goldsmith, Wellington Inter Provincial U12, U15 and U17 girls coach and manager. She will work on the techniques involved in running, jumping and throwing for children who want extra coaching at the beginning of the season. These sessions are available to all Olympic registered athletes at an additional cost of \$5 per child.

****Please email or phone Jo Murray the week prior to these training sessions if you are planning to attend (jo@kellysports.co.nz or phone 232 9409).**

CLUB WEBSITE
www.olympicharriers.org.nz

CANCELLATIONS

- For cancellation of club nights & additional training sessions due to weather please check your emails (if you are not on the email list and want to be please email jo@kellysports.co.nz). Cancellations will also be announced on Newstalk ZB.
- Cancellation of interclubs is on Newstalk ZB.

CLUB CONTACTS

Convenor Jo Murray (jo@kellysports.co.nz)
phone 232 9409
mobile 021 976116

Secretary Vivienne Bott
Phone 027 2433058

Treasurer Julia Evans
phone 479 1960

**Club Captain/
Club Coach** Murray McGaughran
phone 384 8762

Communications Chris Speakman
Phone 566 9764

Membership Julia Evans
phone 479 1960

Uniforms Vivienne Bott
phone 027 2433058

SUBSCRIPTIONS (Oct 07 to March 08)

One athlete family \$35
Two athlete family \$65
Three athlete family \$80

UNIFORM

If you already have an Olympic t-shirt from last season this can be used again. If you would like a race singlet for the season a \$40 refundable bond is required

Olympic T-shirts \$17
Olympic Singlets (bond) \$40

AGE GRADE QUALIFICATION

Age as at 31 December 2007 for all grades, i.e. if a child turns 10 after the 31st of December 2007 they will run in the 9 year group. If they turn 10 before the 31st of December 2007 they will run in the 10 age group.