

OLYMPIC HARRIER AND ATHLETIC CLUB INCORPORATED

ANNUAL REPORT

1 OCTOBER 2020 - 30 SEPTEMBER 2021



Fitness for life • competitive running • children's athletics • fitness for sport • adventure sport • walking

Running for all



OFFICE BEARERS

Patron	Dave Gratton
President	Peter Denman
Deputy President	Bruce Atmore
Vice Presidents	O Clenick, T M Dick, R Ewing, P Harris, C M Henderson, R Himona, J Keen, J Kelly, R Lee, R McCutcheon, C T Martin, L Sim, F R Sotheran, D Watson, W Wilson, J McDonald, B Prosser
Life Members	Dave Gratton, N Hopkins, Brian Watson, D Bradley, Barry Prosser, O Lenihan, Arthur Klap, Chris Speakman, Mark Handley, Brian Rusbridge, Juan McDonald, Michelle Van Looy
Club Captain	Rob McCrudden
Deputy Club Captain	Graeme Moss
Secretary	Tracy Berghan
Treasurer	Jacqui Cope
General Committee	Andrea Adams, Brian Rusbridge, Bruce Atmore, Jan Sheppard, Chris Sutherland, Deborah Lynch and Graeme Moss
Trustees	David Gratton, Brian Watson, Nigel Hopkins
Handicappers	Joe Fowler
Junior Athletics Sub- Committee	Rob McCrudden, Amanda Goldsmith, Carley Brunning, Ebony Perrot, Sarah Ward, Sharlene Martin, Tracey Robins (Chairperson)
Selectors	Junior: John Cope and Craig Holden, Amanda Goldsmith (Junior T&F) SM: Trent Corbett MM: Brian Rusbridge and Mark Anderson SW: Deborah Lynch MW: Michelle Van Looy and Jo Doherty
Coaches	Juan McDonald, Chris Speakman, Mark Anderson, and John Cope, Amanda Goldsmith (Junior T&F)
Club Historian	Brian Watson
Reviewer	Mike Binkhorst
Emergency Committee	Peter Denman, Rob McCrudden, Bruce Atmore
Delegate to Athletics Wellington Committees	David Sim, Peter Denman, Rob McCrudden and Amanda Goldsmith





PRESIDENTS REPORT

Peter Denman

There was a buzz around Alex Moore Park in March 2021 when our new clubrooms were officially opened. Hosted by Wellington City Council we were treated to a traditional Māori welcome, speeches, then refreshments before a tour around the new facilities. This amazing asset was the culmination of much work by many Olympic Harrier and Athletic Club (OHAC) people, with special thanks to Bruce and Trent for their contributions in representing OHAC at the various project meetings. It is now in full operation - including a café and bar for functions.

With the season now opened, there was keen anticipation in a winter programme that showed much promise. The first major interclub event, the Shaw Baton Relays, showed that the OHAC potential was starting to bear fruit but then COVID reared its head again and was to remain a challenge for the rest of the season. As a committee we got familiar with meetings via Zoom technology and relying on Michelle's Facebook and email postings to keep us informed. This highlighted how flexible the Committee had to be this year as we had to swap, change and modify event criteria, often with very short notice. Our prizegiving at the end of October, as an example, was changed from a private to public event on the same day, which meant more rules but did give the opportunity for more people to attend.

The Committee also had to deal with major health issues. I, personally, had major heart surgery in April which necessitated a temporary change in leadership. The Committee responded quickly and positively with leadership shared between Bruce, Jan and Rob over the next 3 months. Thank you all.

The role of a harrier, running, walking, and athletic Club is to provide a safe and secure environment for all members to compete and socialise. For this reason we are known as a family friendly club, helping each other to realise our potential. This year this was evident when OHAC went to Christchurch for the cancelled National Road Relays and quickly put together teams that competed over set laps, with the winner receiving the new and much-desired COVID Challenge Cup. Returning to Wellington they were cheered by members and supporters alike. Great teamwork from Brian, Michelle, Graeme and Joe ensured a trip that will be celebrated in years to come.

This year has seen several amazing performances from our athletes. Members have won medals at National, North Island, Secondary Schools and Wellington Championship events. More information is in the Club Captain's Report, but I would like to give special congratulations to Susannah Lynch, Will Anthony, Ingrid Cree, Ava Sutherland and Emma Douglass for their exceptional results.

A President's Report would not be complete without acknowledging the work done by the Committee and wider club members to keep OHAC running smoothly:

Rob McCrudden: A legend in the club. The man in the engine-room, Rob gave much support to all members (especially myself, stepping in when I was in hospital and recovering). Rob is also a member of the Junior Committee and continues to encourage everyone with his humour and knowledge.





Graeme Moss: A great right-hand support man to Rob, who worked hard at keeping us updated on what was required to keep OHAC running smoothly. Thank you for the big effort in organising trophies this year.

Brian Rusbridge: Even in the stressful times of COVID, Brian still managed to find funds to help keep OHAC costs down for the away trips.

Bruce Atmore: A special thanks for stepping in when required and for the great commitment in liaising between OHAC and the AMPSCI Board (that runs the Waiora Hub) to help ensure the smooth running of our new clubrooms.

Jacqui Cope: A big thank you for your third year in the Treasurers role, helping to keep the finances in order in an ever-changing climate.

Tracy Berghan and Jan Sheppard: The Secretary was another difficult job in a difficult time, but both worked well together especially keeping me updated during my recuperation.

Deborah Lynch: A new face this year, Deb was always available to offer ideas on technology and to liaise between athletics and harriers. A great MC at prizegiving too.

Chris Sutherland: Another new committee member with new ideas, who was quickly able to help with finance and insurance matters.

Andrea Adams: Our Social Secretary who was kept busy supporting weekly club events and along with prizegiving.

Michelle Van Looy: Our Communications expert in Facebook and email, the weekly comms messages were a must-see to know what was happening, results and events.

Mike Waterman: Our website guru who led the charge in keeping our results and pictures updated. Keep an eye on the new website...

<u>Joe Fowler</u> – Our resident handicapper/selector who managed to make relay selection look easy.

Ruth Humble: Did a great job at seamlessly managing uniforms to ensure we are all kitted out correctly.

Volunteer Coaches: From Junior athletics through to Master's competitors the club is well served by dedicated and outstanding coaches: Chris Speakman on Tuesday nights, Juan McDonald and John Cope several nights a week with junior members, Amelia Harris with athletics and Amanda Goldsmith with her huge support of junior athletics. Total commitment.

Finally, a big thank you to all those volunteers and members who help keep the club running. Without your enthusiasm and support we wouldn't be able to provide the great club atmosphere and support for our members that we are known for.





CLUB CAPTAIN'S REPORT

Rob McCrudden

This year was a new beginning for OHAC because we were no longer homeless!

In an early morning ceremony, the Wellington Mayor, Andy Foster, opened the new multi-club Wairoa Hub, with members from each club and companies involved in the build represented.

Many thanks from OHAC must go to Bruce Atmore for all his time and effort, representing OHAC, to help complete the Waiora hub build with on-going time in meetings for the fitout and day to day management.

On April 17, we were able to start the harrier season with our traditional Maiden & Perston relay at Grenada North Park. Good conditions, a firm course, and the usual bog below the playground. Thank you to handicapper Joe Fowler for working out the times for this race - and all the other races this year.

The Maiden Race was won by Nic Cox, Kate McHardy was the first woman and the handicap winner was Oscar Thompson.

The Perston Memorial race was won by Jacob Kilmister, Amy McHardy was the first woman and the handicap winner was David Cook.

After the racing it was back to our brand new clubrooms, Waiora, to have our own OHAC opening of the new building with a few speeches and afternoon tea.

On May 1, after a Covid break, the Shaw Baton Relays was back!!! The relay is organised by OHAC and is an important fundraiser for the club. Thank you to everyone who lent a hand to make for a great day. I had a lot of positive feedback from other clubs on how well we ran this relay. To top it off we had great results.

OHAC gained 1st place in the Senior Women baton, for the first time in a long time - Amelia Harris, Susannah Lynch, Deborah Lynch and Emma Douglass.

Under 16 girl's: 1st - Maia Holden, Juliet Moorhead, Annabel Tuck and Addison Jetly.

Masters Women 50+: 1st - Tracy Berghan, Cathy Alderton, Michelle Van Looy and Jan Sheppard.

Masters Women 60+: 1st -Denise Pilcher, Tineke Hooft, Barbara Morrison, Jean Skilton

Other teams placed as follows: Junior Men 2nd; Junior Women 2nd; Under 16 boys 2nd; Under 14 boys 1st; Under 14 girls 2nd; Under 12 boys 3rd; Under 12 girls 2nd; Under 12 mixed 2nd, Masters Women 35+ 3rd.

On May 8 we had the University Relays. A new circuit, or for those who can remember, back to the old original course. A very impressive run from Will Anthony, with the fastest time of the day (11.28). Amy McHardy ran the second fastest women's time (14.08). JW and W50 teams won gold with a mix of other placings





On the May 26, we returned to Mt Victoria for the Vosseler Shield. The day was perfect for the hardest run of the season. Our high achievers were: Susannah Lynch 1st SW, Will Anthony, 1st M-U20, Max Doherty, 1st M-U16, Angela Clark, 1st W-U50, Ovin Angammana, 3rd B-U12, Nic (crazy) Hankinson, 3rd women's non championship 10k. In the teams, 1st W50, 2nd G-U12, 3rd B-U12, 2nd G-U14, 3rd M35, 3rd M50, 3rd open women, 5th open men.

Next up on July 3, we travelled to the North Island Cross Country Championships at Spa Park, Taupō, for our annual mid-winter club trip. Forty-two OHAC athletes competed at the event. The conditions were perfect, clear blue skies, gentle but cool wind, and firm under foot.

The highlights were ten club members getting medals. Special mentions go to Brooke Martin for winning the first race of the day (Girls U10), Susannah Lynch for running a fantastic tactical race to win the senior women's event, and Mike Waterman for running the entire M50+ race out the front by himself. With a great team effort, Olympic retained the top club award. A big thank you to family and supporters who also made the trip up for your engagement and for keeping the family club spirit alive.

On July 26, we had our Grand Memorial race at Boom Rock Road. This is very much a traditional crosscountry race with 10 stream crossings and a bog to cross over 2km laps. This year we were joined by Hutt Valley Harriers and Victoria University. This year unfortunately OHAC did not have Martin McCrudden, who has had the fastest time for the last five years, so honours for fastest lap went to Greg Clarke (Victoria) who ran the fastest time (32:25), with Simon Angus a few seconds back (32:34). Max Doherty was the fastest in the 4km race (16:03), with Susannah Lynch second in 16:34. After the race we went back to show off the new clubrooms at Wajora.

On June 15 the Dorne Cup race was back. Conditions were great – warm (16 deg) and humid with little wind. The course was dry and firm under foot. Five OHC members won their races: Ovin Angammana (B-U10), Brooke Martin (G-U10), Amy McHardy (G-U16), Will Anthony (M-U20) & Susannah Lynch (SW). In the teams OHC won B-U10, B-U14, G-U14, M-U16, M-18 and W50 grades. What an awesome effort everyone!

On July 18, the Wellington Cross Country Championships (after a year off for Covid) were run at Harcourt Park, Upper Hutt. The Olympic Harriers results doubled as the OHAC XC champs (due to early lambing at Bryant's farm). Conditions were very wet and muddy, dare I say it great conditions for cross country. The following athletics won both the Wellington Cross Country and Club Champs events:

- Emma Douglass Women Under 20
- Will Anthony Men Under 20
- Maeghan Casey Women Under 18
- Desmond Reddy Boys Under 14
- Ovin Angammana Boys Under 10
- Brooke Martin Girls Under 10.

It was fitting to see so many OHAC champions who were also Wellington Cross Country champions. Congratulations!





On August 14, we had the second edition of the "Needle Relay". This was based at the Zephyrometer, on the corner of Evans Bay Parade and Cobham Drive. OHAC had a large number of teams over all the grades. The standout performances were: Women under 20 1st, Senior women 3rd, Men Under 20 2nd, Under 14 mixed 1st, Masters Man 60+ 2nd, Masters Women 35+ 2nd and Masters Women 50+ 2nd.

After a short Covid lockdown, the Athletics Wellington Road Championships events were held under Covid level 2, which limited numbers of competitors in each event, with spectators not allowed. This race doubled as OHAC road champs.

The following club members won their races and both the OHAC and Wellington road championships: Ovin Angammana, BU10; Brooke Martin, GU10; Desmond Reddy, BU14; Ava Sutherland, GU16; Maeghan Casey, WU18

Other placegetters were: Shriya Dalvi (2nd GU12); Oliver Harland (3rd BU14); Lucy Hannah (2nd GU14); Thomas White (3rd MU18); Ingrid Cree (2nd W35).

Will Anthony (running up a grade) won the SM race and was the outstanding performance of the day. We would have to look back in the archives to see the last time OHAC won the SM road champs.

On September 25, we had the Perston Baton Relay at Karori Park. It was a typical spring day in paradise Karori, a blowy northerly, a bit of mud under foot on the hill. It was a great turnout of members, with 10 teams of 5and a lot of team lead changes throughout the race. It came down to a nail biter finish from team O21: Miles (win at all costs) Coverdale, Cathy Alderton, Rosa Stanley, Brook Martin, Deb Lynch and Susannah Lynch bringing the team home.

On the 2nd October the "Not-the-National-Road-Relay" was run in Halswell Quarry, Christchurch. With all of NZ in level 2, except Auckland still in level 3, only local Christchurch clubs could run in the Takahe to Akaroa road relays. Our club members still travelled down and did their own run. Thank you to Michelle Van Looy and Brian Rusbridge for their hard work to organise the "Not-the-National-Road-Relay". Without them we would not be the envy of all the other clubs who cancelled their trips down.

On the 9th October we had our Philp Shield at our Waiora clubrooms, Alex Moore Park. This was another great turn out for this mixed fun relay where we could make use of the new clubrooms. We had 7 teams of 7 and the winning team was team 28, with 41 points:

1 lap - Cathy Alderton 7th, Brooke Martin 13th, Anneke Binkhorst 22nd

2 laps - Ava Sutherland 2nd, Mark Anderson 4th, Greta Abbott 6th

3 laps - Simon Angus 1st, Craig Holden 10th

Team 16 was 2nd on 42 points, with team 11 3rd on 43 points.

Great handicapping Joe Fowler!

There have also been a lot of outstanding performances this year in other events around the country:

Christchurch Marathon (11 April) - 3rd SW Ingrid Cree 2:53:30





- New Zealand Mountain Running championships (17 April) Queenstown, a brutal up-and-down Coronet Peak - 2nd SW Susannah Lynch
- Rotorua Marathon (8 May) 1st SW Ingrid Cree 2:54:11
- NZ Secondary School Cross Country Championships, Hawera (19 June) 1st Junior Girls Ava Sutherland (OHAC fifth member to win NZSS XCC); 2nd Junior Girls Amy McHardy; 2nd Senior Boys Will Anthony
- NZ Cross Country championships (Dunedin Chisolm Links golf course 7 Aug) 1st MU18 Will Anthony; 4th SW Susannah Lynch (also Wgtn SW team gold); 3rd W50-54 Angela Clark (also Wgtn W50+ team gold with Michelle Van Looy).

A very impressive list of achievements from these members and congratulations to them all. And there is still Toby Gualter, in the United States on a running scholarship, improving all the time! Congratulations are also due to Will Anthony who is also heading off to the US on a running scholarship in mid-2022.

Finally, a big thank you to those who helped over the season - the committee, coaches and all club members and supporters, but most of all those who get out there and run and walk!





JUNIOR TRACK AND FIELD

Amanda Goldsmith

Under the continuous coming in and out of restriction with COVID-19, the Olympic junior T & F had a successful season. Several of our high-level competitions were cancelled or rescheduled to 2022.

Athletics Wellington Junior Club (AWJC) Championships:

Achievements of our junior track and field athletes were great and we had 41 athletes finishing in the top 6 on track and 19 in field events. We had 7 athletes receiving a gold medal on the podium, 6 receiving a silver medal and 3 receiving a bronze medal.

The following athletes were awarded trophies at the AWJC final day of the Wellington Championships. Top female sprinter and top female jumper - Chethana Witharana. Top female hurdler - Rhea Whiteman.

Junior Inter clubs:

Our athletes did extremely well in the inter club competition, which is a points-based competition over 6 competitions (every fortnight) and have won, for the 4th time in a row, the overall trophy for the age group 7-9 as well the trophy for the age group 10 - 12.

Youth Inter Provincial (U16 & U18):

They were successful and the team came 6th. We had 3 athletes that were selected for the team: James Wembridge, Celena Gotico and Chethana Witharana.

Amanda Goldsmith was the overall team coordinator and team manager.

12/13 IP:

The Wellington team came 3rd overall with 110,137 points. We finished 3rd overall in the relays and 3rd in the medley relays. There were 14 centres that participated in the competition and 1500 athletes. Olympic had 10 athletes in the team – Holly Robins (who was also the girls 12 captain), Briar Nicholson, Jersey-Rose Perrot-Lealamanua (who was also the vice-captain for the 12 girls), Maggie Robinson, Joshua Ingham, Charlotte Green (who was also the girls 13 captain), Lily Tankersley, Richard Jones, Ava Bowmaker and James Favel.

Jersey-Rose Perrot-Lealamanua obtained a bronze medal in the 12 girls' category with a point tally of 2722.

Amanda Goldsmith was overall coordinator for all 4 teams and team manager for the 13 girls' team. Joe Robins was manager for the 12 boys' team.







Colgate Games 2021:

The Olympic junior team did well and several of our athletes obtained a finalist ribbon (first 6 athletes) in their age group. Our athletes also obtained a number of gold, silver and bronze medals.

Senior competitions:

Some of our junior athletes have often participated in senior competitions and have won their respective age races, obtaining a medal or certificate. This is great and we feel proud to be part of their journey to become senior athletes of the future.

National championship:

Chethana Witharana was selected to compete in the U18 team. Amanda Goldsmith was selected as overall team coordinator and manager. Unfortunately, this competition was cancelled with the potential to include it into the NZSAA championships in December this year, but unfortunately this was also cancelled due to COVID-19.



A huge thank you to our parents who made a significant contribution to the success of the training sessions in the form of assisting me with measuring long jumps, raking, taking gear out and packing it away again as well as taking times over various distances.

Several of our parents have also been doing volunteer officiating duties during the season, which sometimes could last an entire day. To all these parents: thank you. Your willingness to set aside your own personal time to help your child, and all the other children, so that they can compete in a competition, speaks volumes. You are legends.

We wish to commend all our track and field athletes on their achievements during the season, which could only have become a reality through hard work and dedication that goes into the preparation for their respective competitions at regional, national and in some instances, international levels.

We recognise the pride and inspiration that you bring to the sport, your families, our club, clubs, the Athletics Wellington Centre and the country.

Finally, let us remember that our junior athletes, over the broad spectrum, are the youth athletes of tomorrow - and who will eventually become our senior athletes.

JUNIOR TRACK AND FIELD TROPHIES 2020/21 SEASON

Best Sprinter Girl 9 & Under (Gordon and Elaine Carr Trophy) Niamh Watson

Best Sprinter Boy 9 & Under Knight Perrot – Lealamanua

Best Sprinter Girl 10 & Over (McGlinchey Family Trophy) Jersey-Rose Perrot – Lealamanua

Best Sprinter Boy 10 & Over (FourSmith Trophy) Daniel De Swardt

Best Sprinter Girl 13 – 15 (AG Cup) Chethana Witharana

Best Sprinter Boy 13 – 15 (A G Cup)

Richard Jones

Best Field Athlete Girl 13 – 15 (McDonald Cup) Celena Gotico

Best Field Athlete Boy 13 – 15 (Brownlie Cup) Joshua Ingham





Best Field Athlete Girl 10- 12 (A G Cup)

Holly Robins

Best Field Athlete Boy 10 – 12 (A G Cup)

Daniel De Swardt

Best Field Athlete Girl 7 – 9 (A G Cup)

Brooke Foster

Best Field Athlete Boy 7 – 9 (A G Cup)

Knight Perrot-Lealamanua

Best Thrower Girl 9 & Under (Olympic Cup)

Brooke Foster

Best Thrower Boy 9 & Under (Olympic Cup)

Knight Perrot – Lealamanua

Best Thrower Girl 10 & Over (Olympic Cup)

Jersey - Rose Perrot - Lealamanua

Best Thrower Boy 10 & Over (Olympic Cup)

Daniel De Swardt

Best Thrower Boy 13 – 15 (A G Cup)

Josh Ingham

Best Hurdler Girl 12 & Over (A G Cup)

Celena Gotico

Best Hurdler Boy 12 & Over (A G Cup)

Joshua Ingham

Best Middle Distance Girl (Kerr Family Cup)

Molly O'Sullivan

Best Middle Distance Boy (Walsham Cup)

James Wembridge

Best All Round Athlete Girl (Yee Family Cup)

Holly Robins

Best All Round Athlete Boy (Fenton Cup)

Joshua Ingham

Athlete Showing Great Determination 7 – 9 (A G Cup)

Kaitiaki Jaahnke





Athlete Showing Great Determination 10 & Over (Murdoch Cup)

Taylor Sutton

Attitude and Spirit Trophy 7 – 9 (A G Cup)

Daylin Wynford

Attitude and Spirit Trophy 10 & Over (Harris Cup)

Holly Robins

Most Improved Girl 9 & Under (A G Cup)

Brook Martin

Most Improved Boy 9 & Under (A G Cup)

Pierre Munro

Most Improved Girl 10 & Over (A G Cup)

Charlotte Green

Most Improved Boy 10 & Over (A G Cup)

Josh Nicholson

Most Improved Olympic Junior Squad Member 15 & Over

Celena Gotico

Alastair Leslie Cup 10 & Over - Middle/Long Distance

James Wembridge

Overall Performer Girl 9 & Under (A G Cup)

Brook Martin

Overall Performer Boy 9 & Under (A G Cup)

Knight Perrot – Lealamanua

Overall Performer Girl 10 & Over (A G Cup)

Charlotte Green

Overall Performer Boy 10 & Over

Joshua Ingham

Overall High Jumper Girl 10 & Over (A G Cup)

Holly Robins

Best Overall Jumper Girl (A G Cup)

Celena Gotico

Best Overall Jumper Boy (A G Cup)

Josh Ingham





Most Improved Junior Female Athlete 15 and over (A G Cup)

Chethana Witharana

Olympic Volunteer cup

Shiobon Watson





TREASURERS REPORT

Jacqui Cope

After what has been another unusual year, the club is reporting a profit of \$3,928 and a continued healthy bank position. The cancellation of some events, including the National Road Relays in Christchurch, has contributed to this, as well as the reported surplus on sale of uniforms. This surplus has come about by the delayed receipt of income from online shop sales. Our funds in the bank on 30 September 2021 were \$70,539, an increase of \$4,791 on the previous year.

We saw a healthy increase in both Junior Athletics and Winter memberships during the past two respective seasons. Hopefully this will continue, especially with the high number of great performances we are seeing by members representing the club.

Our Grants Officer, Brian Rusbridge, continued his impressive work securing over \$13,500 in grants for the club. This allowed a small profit to be earned from hosting the Shaw Baton Relays, as well as significant savings shared across all athletes representing the club in Taupō for NIXCC, Feilding in 2020 for the National Road Relays and Christchurch for the "Not-the-National-Road-Relay". This coupled with the considerable effort Brian puts into the administration associated with each of these trips has ensured members have continued to have opportunities to travel to these events at an affordable cost.

The Junior Committee were also successful in obtaining more than \$3,500 in grant money to cover the costs of a sound system, a second club banner, and more field equipment. Very well done by them too.

This grant income is supported by the fundraising efforts of the committee and club members through the hosting of the annual Shaw Baton Relays event and volunteers who help at the Porirua Grand Traverse. The weekly BBQs at Junior Athletics nights has also provided additional funds. A big thank you to all who helped.

In 2021/22 the committee will be continuing to look at ways to minimise the club's costs while trying to ensure all members have an enjoyable and rewarding club experience. Please everyone, help out when and where you can.





2021 RESULTS (WINTER SEASON)

Club Races

Maiden Race and Perston Memorial Race, 17 April 2021, Grenada North Park

Maiden handicap 1st (Maiden Cup): Oscar Thompson

Maiden handicap 1st Female: Charlotte Baldwin-Jankiewicz

Maiden first female (Sheryne Beeby Cup): Kate McHardy.

Maiden fastest time (Norman Watson Memorial Trophy): Nicholas Cox

Perston handicap 1st (A R Perston Memorial Trophy): David Cook

Perston first female (Don McGaughran Memorial): Amy McHardy

Perston fastest time (Mrs FC Perston Memorial Trophy): Jacob Kilmister.

Grand Memorial Handicap Race, 29 May 2021, Bryant's Farm, Ohariu Valley

Girls 9 and under: Brooke Martin 1, Riley Holden 2, Arsha Pushparaj 3.

Boys 9 and under: Ovin Angammana 1, Salem Skilton 2.

Girls 13 and under: Lucy Hannah 1, Greta Abbott 2, Isabelle DeHair 3.

Boys 13 and under: Hugo Millar 1, Jack McNair-Robertson 2, Lachlan Millar 3.

Junior Women (Rebecca's Cup): Amy McHardy 1, Maeghan Casey 2, Ava Sutherland 3. - Fastest time. Amy McHardy

Junior Men (1939-45 War Memorial Trophy): Desmond Reedy 1, David Cook 2, Max Doherty 3.

- Fastest time (Perston Rose Bowl): Max Doherty.

Women (Dellabarca Trophy): Shariya Dalvi 1, Paula Binkhorst 2, Maeghan Casey 3.

- Fastest time (Scott Cup): Susannah Lynch.

Men 1st (Philp Memorial Cup): Trent Corbett.

Men 2nd (Byrne Memorial Cup): Mike Binkhorst.

Men 3rd (Wilson Memorial Cup): Adrian Jurke.

- Fastest time (Dad Philp's Pewter Pot): Simon Angus.

Club Cross Country Championships, 18 July 2021, Harcourt Park

Girls under 10 (Dave Gratton Cup): Brooke Martin 1, Carmel Stallard 2.

- Sealed handicap: Carmel Stallard

Boys under 10 (Gary and Sue Dick Trophy): Ovin Angammana 1, Jackson Brown 2, Salem Skilton 3

- Sealed handicap: Salem Skilton

Girls under 12 (Dyson Cup): Shriya Dalvi 1, Bianca Cornell 2, Jessica Brown 3.

- Sealed handicap: Jessica Brown

Boys under 12 (Dyson Cup): Max Wade 1, George Millar 2.

- Sealed handicap: George Millar

Girls under 14 (OHC Cup - Steve Tait): Greta Abbott 1, Maia Holden 2, Hannah Wade 3.

- Sealed handicap: Isabelle de Hair

Boys under 14 (Rush Cup): Desmond Reddy 1, Oliver Harland 2, Xcylaus Johnson 3.

- Sealed handicap: Oliver Harland

Girls under 16 (Wilkinson Cup): Not presented

Boys under 16 (McCrudden Cup): Max Doherty 1, James Wembridge 2, Theo Bray 3.

- Sealed handicap: Theo Bray

Women under 18 (Tina & Janice Parker Trophy): Maeghan Casey 1.





- Sealed handicap: Not awarded

Men under 18 (Smith Cup): Jacob Kilmister 1.

- Sealed handicap: Not awarded

Women under 20: Emma Douglass 1.

- Sealed handicap: Not awarded

Men under 20 (JR Perston [Masterton Harriers] Cup): Will Anthony.

- Sealed handicap: Not awarded

Senior Women (McGaughran Shield): Amelia Harris 1, Jennie Alderton-Moss 2.

- Sealed handicap: Jennie Alderton-Moss.

Senior Men (Wiren Cup): Simon Angus 1, Aaron Lynch 2.

- Sealed handicap: Aaron Lynch

Masters Women 35+ (Veteran Women's Club Champs Trophy): Jacqueline Cope 1, Liz Anderson 2.

- Sealed handicap: Liz Anderson

Masters Men 35+ (Veteran Men's Club Champs Trophy): Trent Corbett 1, Butch Borlase 2, Craig Holden 3.

- Sealed handicap (Bill Meek Memorial Trophy): Butch Borlase

Masters Women 50+ (Alcock Plate): Jan Sheppard 1, Michelle Van Looy 2, Eleanore Brown 3.

- Sealed handicap: Alison Speakman

Masters Men 50+ (Brooklyn Harriers Shield): Simon Wright 1, Mark Anderson 2, Craig Walker 3.

- Sealed handicap: Mark Anderson

Masters Men 60+ (Rusbridge Cup): Brian Rusbridge 1.

- Sealed handicap: not presented

Masters Women 60+ (Skilton Cup): Cathy Alderton 1, Sheryne Coverdale 2, Annie Van Herck.

- Sealed handicap: Annie Van Herck

Club Road Championships, 21 August 2021, Wainuiomata

Girls under 10 (Barry Rush Cup): Brooke Martin 1, Riley Holden 2, Carmel Stallard 3.

Boys under 10 (McDonald Trophy): Ovin Angammana 1, Jackson Brown 2, Salem Skilton 3

Girls under 12 (Rhonda Cooper Cup): Shriya Dalvi 1, Sianné Blignaut 2, Bianca Cornell 3.

- Sealed handicap:

Boys under 12 (Arthur Klap Cup): Jack Jenkins 1, Joel Flynn 2, Max Wade 3.

Girls under 14 (Speakman Cup): Lucy Hannah 1, Hannah Wade 2, Juliet Moorhead 3.

Boys under 14 (Hay Trophy): Desmond Reedy 1, Oliver Harland 2, Hugo Millar 3.

Girls under 16: Ava Sutherland 1, Rosa Stanley 2.

Boys under 16: Max Doherty 1, James Wembridge 2, Theo Bray 3.

Women under 18 (OHC Cup): Maeghan Casey 1, Lucy Jurke 2.

Men under 18 (OHC Cup): Thomas White 1, Jacob Kilmister 2, Ryan Mackay 3.

Women under 20 (OHC Cup): Not awarded.

Men under 20 (OHC Cup): Not awarded.

Senior Women (Laurie Watson Memorial Trophy): Amelia Harris 1, Lizzie Bunkenburg 2, Sophia Burford 3.

Senior Men (Wilson Memorial Trophy): Will Anthony 1, Simon Angus 2.

Masters Women 35+ (Olive Watson Memorial Trophy): Ingrid Cree 1, Angela Clark 2.

Masters Men 35+ (Campbell Cup): Trent Corbett 1, Butch Borlase 2, Craig Holden 3.

Masters Women 50+ (75 Cup - Peter Hanson): Michelle Van Looy 1, Tracy Berghan 2, Jan Sheppard 3.

Masters Men 50+: Simon Wright 1, Adrian Jurke 2, Andy Rawlins 3.





Masters Men 60+ (Steve Bligh Trophy): Keith Chapman 1, Graeme Moss 2, Brian Rusbridge 3.

Masters Women 60+: Cathy Alderton 1, Sheryne Coverdale 2, Denise Pilcher 3.

Masters Men 70+: Peter Hanson 1.

Philp Shield Team Race, 9 October 2021, Johnsonville

Winning Team (Philp Shield): Sheryne Coverdale, Cathy Alderton, Brooke Martin, Anneke Binkhorst, Ava Sutherland, Mark Anderson, Greta Abbott, Simon Angus, Craig Holden

Perston Baton Relay, 25 September 2021, Karori Park

Winning Team (Perston Baton): Rosa Stanley, Deborah Lynch, Susannah Lynch, Cathy Alderton, Brooke Martin, Miles Coverdale.

Covid Challenge Relay (Not-the-National-Road-Relay), 2 October 2021, Halswell Quarry, Christchurch

Winning Team (Covid Challenge Cup): Jo Doherty, Richard Martin, Richard Doyle (HVH), Mark Anderson, Anneke Binkhorst.

Performance Trophies

Inter-club Points

Points competition based on points from inter-club races (Vosseler, Dorne, Wellington Cross Country champs, Wellington Road champs):

Senior women (*Prosser Rose Bowl*): Jennie Alderton-Moss.

Senior men (S V Lord Cup): Simon Angus

Masters women (Binkhorst Cup): Michelle Van Looy

Masters men (Veteran Championship Cup): Simon Wright

Inter-club Incentive Points

Handicap points competition based on club ranking in inter-club races (Vosseler, Dorne, Wellington Cross Country champs and Wellington Road champs):

Not awarded.

Consistent Merit

Distinction in both running and club administration (Ingle Trophy): Brian Rusbridge.

- Walkers (Carol Parkyn Memorial Cup): Rob McCrudden.

Best All Round Performances

Girls 7 and under: Not awarded. Boys 7 and under: Not awarded.

Girls 9 and under (Wolff-Ohlsson Cup): Not awarded.

Boys 9 and under: Not awarded. Girls 11 and under: Shriya Dalvi

Boys 11 and under (Himona Cup): Ovin Angammana.

Girls 13 and under (C Hardman and H Rush Trophy): Lucy Hannah.

Boys 13 and under (Morey Cup): Desmond Reddy. Girls 15 and under (Kelly Cup): Ava Sutherland.





Boys 15 and under (Jack Blanchfield Memorial Trophy): Max Doherty.

Women under 18: Not awarded. Men under 18: Not awarded.

Women under 20: Maeghan Casey.

Men under 20 (Major A B Chappel Trophy): Will Anthony.

M/W60 and over (Hanson and Watson Trophy): Cathy Alderton.

Family Award

For points gained by two generations of the one family over all races of the year. Cathy Alderton and Jennie Alderton-Moss.

Most Improved

Girls 7 and under: Not awarded. Boys 7 and under: Not awarded. Girls 9 and under: Brooke Martin. Boys 9 and under: Ovin Angammana.

Girls 11 and under (Ken Ritchie Cup): Shriya Dalvi.

Boys 11 and under (Bott Cup): Jack Jenkins. Girls 13 and under (Harris Cup): Lucy Hannah.

Boys 13 and under (McCutcheon Cup): Logan Hopfler. Girls 15 and under (Mallard Trophy): Rosa Stanley.

Boys 15 and under (Mike Waterman Trophy): Max Doherty.

Women under 18: Not awarded. Men under 18: Not awarded. Women under 20: Not awarded.

Men under 20 (Arthur T Davies Memorial Vase): Will Anthony. Most Improved Club Runner (Jacques Cup): Lachlan Millar.

Junior Athlete Showing Most Potential (Fred Mair Memorial Trophy): Shriya Dalvi.

Marathon Championship 2021

Men (Marathon Championship Cup): Simon Angus Women (Hooft-Sheppard Cup): Ingrid Cree

Club Champion 2021

(Charlie Grant 50th Jubilee Cup): Will Anthony

Performance Scholarship Award

These awards acknowledge our top performers in inter-club across the grades (or as determined by the club's committee). The value of the award is a free membership for the following year.

Max Doherty Ava Sutherland Susannah Lynch Simon Angus













Running for all



Running for all