



# **OLYMPIC HARRIER AND ATHLETIC CLUB INCORPORATED**

## **ANNUAL REPORT**

**1 OCTOBER 2016 – 30 SEPTEMBER 2017**



Fitness for life • competitive running • children's athletics • fitness for sport • adventure sport • walking

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**OFFICE BEARERS 2017**

<b>Patron</b>	Dave Gratton
<b>President</b>	Juan McDonald
<b>Vice Presidents</b>	O Clenick, T M Dick, R Ewing, P Harris, C M Henderson, R Himona, J Keen, J Kelly, R Lee, R McCutcheon, C T Martin, L Sim, F R Sotheran, D Watson, W Wilson
<b>Life Members</b>	D Gratton, N Hopkins, B Watson, D Bradley, B Prosser, O Lenihan, A Klap, C Speakman, Mark Handley, Brian Rusbridge
<b>Club Captain</b>	Rob McCrudden
<b>Deputy Club Captain</b>	Trent Corbett
<b>Secretary</b>	Geraldine Smith
<b>Treasurer</b>	Megan Hutchison
<b>General Committee</b>	Andrea Adams, Brian Rusbridge, Meredith Ogilvie, Tony Simmers, Bruce Atmore
<b>Trustees</b>	David Gratton, Brian Watson, Nigel Hopkins
<b>Handicappers</b>	Mark Handley
<b>Children's Athletics Convenor</b>	Jo Murray
<b>Selectors</b>	Junior: Juan McDonald & Mark Anderson SM: Trent Corbett MM: Rob McCrudden SW: Sarah Riceman MW: Marie Pugh
<b>Coaches</b>	Juan McDonald, Chris Speakman, Mark Anderson, John Cope
<b>Club Historian</b>	Brian Watson
<b>Reviewer</b>	Mike Binkhorst
<b>Emergency Committee</b>	Juan McDonald, Rob McCrudden & Trent Corbett
<b>Delegate to Athletics Wellington Committees</b>	Juan McDonald



## **PRESIDENTS REPORT**

*Juan McDonald*

My report will highlight the achievements of Olympic Harriers and Athletics Club for the 2017/18 year.

### Track and Field:

- The numbers for our Junior club have stayed consistent with previous years, due to the high level of service we provide in coaching and administration.
- Many of our Junior athletes have achieved significant success this year with selection to both Wellington and New Zealand teams. Our thanks must go to Amanda Goldsmith our very talented junior coach for all her efforts in preparing our athletes.
- We retained the title for overall points for interclub competitions again this year. This is a wonderful achievement and represents the commitment to athletics from our athletes and their families, turning up and competing at and support the running of these meets.
- Our senior athletics group is beginning to gain momentum, with a dedicated group of athletes. This has been driven by Trent Corbett, organising the syllabus and communications.

### Club and Interclub races:

- The Maiden Perston was run again at Grenada North Park, the numbers registering were lower this year due to a drop in our membership. Feedback from those participating was very positive. Of those attending there were several new faces which is heartening.
- Shaw Baton Relay – we were fortunate with the weather as we had a fine day to compete after a week of rain. The course was slightly shorter due to a change of landscape, so this meant times were slightly faster. We were able to field three senior women's teams this year and our A team narrowly came second to WHAC A. Our Master W40 and W50 won their grades.
- University Relays were held again at Queen Elizabeth Park. The Masters W40 made it two in a row taking out first place in their grade. Our juniors did very well winning the boys and girls under nine grade and the girls under 11 grade. WELL DONE!!!!
- The Vosseler Shield – we managed to take out the M60 grade on a cold, wet, windy Wellington day, enough said....
- We were treated to a new course this year for the Dorne Cup with part of it winding through the bush track. We had some great individual results and this led to wins in the W35 and the BU15 teams, and the Boys and Girls under 9 individual races. Overall this was a very strong day for Olympic Harriers.
- The Wellington Cross Country Champs were held at Grenada North Park for the second year. The rain held off until the last race, which created true cross country conditions for the senior men's race. Again, this year competitors had the option of a 5km short course or a 10km long course race. We managed 13 individual medal winners, with four golds and a 1<sup>st</sup> and three 2nds in the teams events.
- The Wellington road Champs held in Wainuiomata, we combined this with our club champs again this year. Once again there was an option of the 5km short course

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or the 10km long course. It would be great to see more of our club members compete at this event as it is our club champs- there are trophies for the taking.

It has been another great year for our club as we continue to go from strength to strength. The club cannot run without the dedication and hard work of its members. My thanks go to our committee members for their tireless efforts organising trainings, setting up courses and social events to keep us all enthusiastic. We farewell one of those committee members Geraldine Smith. Geraldine is standing down after many years on our committee as secretary, and will be greatly missed for her efficient organisation skills and positive energy.

We also farewell Jo Murray from the Junior athletics club. Jo has been integral in the setting up, organisation and coordination of our junior club and is has largely been the driving force behind its success. She will be hugely missed and we are currently working on putting together a team to replace her.

Thank you to both of these very generous, hardworking members of our community.

Olympic Harriers has always been seen as a family oriented club, and we are fortunate to have many generations of families still involved in the running, organising and supporting of the club. Thank you to everyone for your continued and ongoing support throughout the year.





## **CLUB CAPTAIN'S REPORT**

*Rob McCrudden*

After my second year as club captain, I feel that I am finally hitting my stride. The ideas that I had last year are starting to develop nicely. I believe I have improved my abilities as club captain significantly. I have developed greater confidence, leadership abilities and communication skills. This has been possible with Juan gradually stepping back and allowing me to take up more leadership roles. Juan is always a phone call away and I appreciate his continual support.

One initiative that we got going this year was improving the connectivity within the club. Part of this involved bringing on Mark Anderson as one of our junior coaches. I felt that there were limited links between the juniors and seniors. It's good to see he has added more juniors to his group and I'm hoping next year we can see even more juniors on club days. John Cope is another coach that is contributing to the club in tremendous ways. I believe that after the club champs, he saw what the club had to offer and it's good to see him encourage his athletes to turn up on club days. This helps contribute to the family environment we wish to create.

I am still continuing our partnership with the Porirua Parkrun. I feel it's a long term investment, which will slowly mutually benefit both parties. A good example is the Abbot Family signing up because of our partnership. Why I stress this is, it is important to try to recruit new members because at the moment we are a club with masters and juniors but not a lot in between. Our club desperately needs to persevere with promotional strategies to try to build our senior membership.

Before 2017 rolled around, I made it my mission to recruit new committee members to inject some fresh ideas and help spread the workload. The committee have done a remarkable job in supporting the running of the club. They've ensured that events ran smoothly, especially the Wellington Cross Country Championships, which I was away for. I was glad to come back and hear that the event was a major success. The addition of Trent Corbett as deputy club captain this year has been a great success. He has been at the front of the ship assisting in steering our club into the future. Trent brought in his own ideas and showed initiative to start his own projects. He is a great communicator and advocate for the club. Trent is always out there promoting Olympic Harriers, whether that's through Facebook, email or face to face. I am glad to see he is keen to get our club back racing at the track and increasing our senior athletic presence. Something we have been missing for a few years.

In addition to the new committee, we have had some changes in grade captains. It's especially great to have Sarah Riceman on board as a selector and we cannot thank her enough. Her contributions have been outstanding. A role in the past that predominantly fell on our master's women selector, Sarah has made it her own. We have senior woman teams at every event. What's been great is that they also have been really competitive. I hope she can keep up the tremendous work next year. Thanks to all the other grade selectors.

Before wrapping up my report, I would like to acknowledge Geraldine Smith for the amazing work she has done as the secretary. She has been in the role for so long now but has wanted to step down for quite some time. Luckily for us, her generosity of completing a few more years has allowed us to find someone suitable to take over her role. Geraldine has done so much work behind the scenes for the day to day running of the club.

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I think one of the great things about our club is people's willingness to help out. I'd especially like to thank Denise and Elle for completing the arduous task of organising the trophies. There are also many more that I would like to mention but would I be here for hours listing off names. I thank all our club members for their continual support.





## **JUNIOR TRACK AND FIELD**

*Jo Murray*

The junior track and field section of Olympic Harriers had a fantastic season. We had 233 members in the 7 to 14 year old grade and 99 in the Under 7 age group for our Monday club nights at Grenada North Park – a total of 332.

Throughout the season, interclub competitions are held around the Wellington region. Points are awarded for athletes placing 1<sup>st</sup> to 4<sup>th</sup> in each event. At the end of the season these points are added up to decide who wins the Overall Junior Interclub Trophy (for age groups 7 to 14 years), and the Junior Interclub Trophy (for age groups 7 to 9 years). For the sixth year in a row Olympic won the Overall Trophy. And we did the double again this season winning the Junior Interclub Trophy as well.

For the Colgate Games we had 47 competing at the North Island Colgate Games which were held in Hastings and 6 at the South Island Colgate Games in Invercargill. The club won many medals this season at North Island Colgates, South Island Colgates and the Wellington Junior Champs – in total 43 gold, 32 silver and 26 bronze medals.

Olympic was well represented again by athletes and managers in the Grade 12/13 Interprovincial team that travelled to Masterton at Easter to compete against the best athletes in those age groups from around the country. The top 11 athletes in each of the Boys 12, Girls 12, Boys 13 and Girls 13 year old age groups are selected from their performances throughout the season. The team of 44 included 5 Olympic athletes – Jess Jenkins, Tui-Aroha Fransen, Liam Wright, Andrew Jenkins, and Cory Lovell. Two of the coaches/managers were also from Olympic including Amanda Goldsmith and Steph Lovell. The team finished the event with a bronze medal.

Our Olympic club's treasurer Megan Hutchison did an absolutely amazing job as the AWJC Secretary this year. It was Wellington turn to host this national event, and Megan ended up doing the lion's share of the work behind the scenes to ensure the event was a success.

The Wellington team competing at the Grade 14/15 Interprovincials won for the fourth time in the past five years. The IPs were held in Inglewood with Olympic members Rose Lovell and Victoria Green selected for that team.

At the Wellington Junior Champs the following 13 athletes were awarded individual trophies for accumulating the most points in their age groups over the six junior interclubs:

7 Girls: Kacey McCully 1<sup>st</sup>, Belle Tankersely 2<sup>nd</sup>

8 Girls: Jersey Rose Perrot-Lealamanua 1<sup>st</sup>

9 Girls: Lily Tankersley 2<sup>nd</sup>

10 Girls: Rhea Whiteman, 1<sup>st</sup>

11 Girls: Chethana Witharana 2<sup>nd</sup>

13 Girls: Eleanor White 1<sup>st</sup>

14 Girls: Rose Lovell 1<sup>st</sup>

15 Girls: Victoria Green 1<sup>st</sup> and Elsa Keene 2<sup>nd</sup>

9 Boys: Joshua Ingham 2<sup>nd</sup> and Corban King 3<sup>rd</sup>

11 Boys: Ben Lambert 2<sup>nd</sup>

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For the first time Olympic has athletes who have been selected for the NZ Children's Athletics team to compete at the Pacific School Games and the All Schools Australian Champs in Adelaide, Australia in December 2017. The club would like to congratulate Andrew Jenkins who is one of only two Wellington athletes selected to compete at the All Schools Australian Champs, and Chethana Witharana and Ben Lambert who are one of five athletes from Wellington to compete in the Pacific School Games. None of this would have been possible without the drive and commitment of the athletes, their parents and their amazing coach Amanda Goldsmith.

We had many volunteers putting their hand up this season to help with a whole variety of tasks. We'd like to thank:

- All those who helped Amanda Goldsmith at her trainings.
- All those who ran a station at club nights including Graham McPhail who oversaw all our throws section. Nicola and Nigel Ingham, Gillian Peoples, Steph and Nick Lovell, Tracy Berghan, Rob McCrudden, Juan McDonald, John Cope, Greg Smith, Mark Thomas, Carly Smith, Murray Henderson, Ange Rutherford, Angus Wood, Maka Bgoni and Sean McCrudden.
- Emma Sutherland for doing such a great job with the uniforms.
- Nikki Thomas for the programming for our club nights.
- Our BBQ team of Helen Carr, Sharon Walker, Megan Hutchison and Nikki Thomas.
- All those who helped as age grade coordinators.
- Nicola Ingham and all the other parents for helping Amanda with the many relay teams.
- Michael McCully for doing the Olympic and Wellington Overall points summaries and our Club Champs points.
- Vivian Tse for inputting all our Colgate Games entries
- Gabi Tankersley for working with Amanda over the whole season keeping in contact with all those signed up to do Amanda's training sessions.
- Helen Carr for overseeing the long jump at the Wellington Junior Champs for our club.
- Duncan Murray and his team of parents for running the Get Set Go programme for our Under 7s. Special mention as well to Michaela Walker who must now be into her third year of volunteering with the Under 7s every Monday night.

Finally we wouldn't be the successful club we are without our amazing team of coaches. That includes Juan McDonald, John Cope and Amanda Goldsmith. It wouldn't be impossible to add up the hours they put in to working with our athletes. They love being able to help the kids reach their potential and they do this year round so there's never any rest for them. On top of this Amanda also took on the role of overseeing the coaching and management of the Grade 12/13 Interprovincial team which was a big job.

We have a new group of volunteers coming through the ranks, and at this year's prizegiving the Olympic Volunteer Cup was awarded to Gabi Tankersley who formed a great partnership with Amanda assisting her with her various training groups. She has already volunteered to cover a number of roles for the upcoming 2017/18 season as well.

We are looking forward to another successful season. Our coaches have been putting a lot of work into pre season training so the athletes are already raring to go. We always need more volunteers. It's not an easy sport to run with the army of people needed. But it's great to see a good team of committed and capable parents stepping up to the mark for the season ahead.

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## **JUNIOR TRACK AND FIELD TROPHIES 2016/17 SEASON**

Best Sprinter Girl 9 & Under (Gordon and Elaine Carr Trophy)  
**Lily Tankersey**

Best Sprinter Girl 10 & Over (McGlinchey Family Trophy)  
**Chethana Witharana and Eleanor White**

Best Sprinter Boy 9 & Under  
**Richard Jones**

Best Sprinter Boy 10 & Over (FourSmith Trophy)  
**Andrew Jenkins**

Best Field Athlete Girl (McDonald Cup)  
**Olivia Ingham**

Best Field Athlete Boy (Brownlie Cup)  
**Joshua Ingham**

Best Hurdler -Boy or Girl 10 & Over (Amanda Goldsmith Cup)  
**Eleanor Strawbridge**

Best Middle Distance Boy (Walsham Cup)  
**Liam Wright**

Best Middle Distance Girl (Kerr Family Cup)  
**Sarah Hay**

Best All Round Athlete Girl (Yee Family Cup)  
**Chethana Witharana**

Best All Round Athlete Boy (Fenton Cup)  
**Ben Lambert**

Athlete Showing Great Determination (Murdoch Cup)  
**Joshua Lovell**

Attitude and Spirit Trophy (Harris Cup)  
**Flynn Watson**

Most Improved – Girls 9 & Under (Amanda Goldsmith Cup)  
**Jersey-Rose Perrot-Lealamanua**

Most Improved - Boy 9 & Under (Amanda Goldsmith Cup)  
**Corban King**

Most Improved - Girls 10 & Over (Amanda Goldsmith Cup)  
**Samantha Smith**

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Most Improved - Boy 10 & Over (Amanda Goldsmith Cup)

**Cory Lovell**

Most Improved - Olympic Junior Squad Member Under 15 - Primary & Intermediate

**Thomas White**

Most Improved - Olympic Junior Squad Member 15 and Over

**Victoria Green**

Alastair Leslie Cup

**Will Anthony**

Overall Performer Girl 10 & Over

**Chethana Witharana**

Overall Performer Boy 10 & Over

**Andrew Jenkins**

Overall Performer Girl 9 & Under

**Lily Tankersley**

Overall Performer Boy 9 & Under

**Joshua Ingham**

Olympic Volunteer Cup

**Gabi Tankersley**



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## TREASURERS REPORT

*Megan Hutchison*

As the draft statements show, this year has been tighter than most for the club, with the full effect of the Athletics NZ levy increases really starting to show through. (For those that don't recall, we now pay \$95 in levies to Athletics NZ and Athletics NZ for each competitive adult runner, and \$55 for each competitive child (7-14)).

A wet summer had an impact on the junior athletics programme fundraising, with many club nights being cancelled, so more expenses came out of subscriptions than usual. The junior bbqs generally support a lot of their activities. Race income was down for all our events too.

On the positive side, Brian Rusbridge has had a superb run of grants this year – topping over \$10,000 received. This has really helped lower the cost of away trips, but has also meant we have been able to cover the full cost of having Mark Anderson coaching our youth/college age athletes as well. These grants make a significant impact in terms of what the club can offer, so we are very grateful for Brian's tireless efforts in this regard.

The rebranded Tempofit (now called Running Fit) is also providing a small additional income stream to the club. Thanks to Jo Murray for her continued promotion and administration of this programme.

The big fundraiser event of the year was the Wellington XC Champs. Once again the bakers were out in full force and we made just under \$2000 from serving refreshments to runners and spectators throughout the day. Thanks to all those who helped out with manning and supplying the stall, as well as the multitude of other tasks we asked for assistance with on the day.

Going forward the Committee is aware of the need to tighten our belts a little more to remain financially sound. This means that some of the subsidies offered in the past may have to be revisited (as we did with the Taupo dinner this year). We will also need to look at more fundraising avenues to assist with our running costs and overheads such as insurance, power etc.

## 2017 RESULTS (WINTER SEASON)

### Club Races

#### **Maiden Race and Perston Memorial Race, 8 April 2017, Grenada North Park**

Maiden handicap 1st (*Maiden Cup*): Luke McNair-Robertson

Maiden handicap 1st Female: Barbara Morrison

Maiden first female (*Sheryne Beeby Cup*): Hannah Jurke

Maiden fastest time (*Norman Watson Memorial Trophy*): Cameron Forrest

Perston handicap 1st (*A R Perston Memorial Trophy*): Dane Atmore-Jones

Perston first female (*Don McGaughran Memorial*): Sarah Hay

Perston fastest time (*Mrs FC Perston Memorial Trophy*): Cameron Forrest

#### **Club Cross Country Championships, 22 July 2017, Bryant's Farm, Ohariu Valley**

Girls under 9 (*Dave Gratton Cup*): Greta Abbott 1.

- Sealed handicap: Not awarded.

Boys under 9 (*Gary and Sue Dick Trophy*): Jack McNair-Robertson 1.

- Sealed handicap: Not awarded

Girls under 11 (*Dyson Cup*): Annabel Tuck 1, Lana Magee 2, Maggie Robinson 3.

- Sealed handicap: Lana Magee.

Boys under 11 (*Dyson Cup*): Blair Atmore-Jones 1, David Cook 2, Shaun Robertson.

- Sealed handicap: David Cook.

Girls under 13 (*OHC Cup - Steve Tait*): Sophia Wong 1, Gemma Pugh 2.

- Sealed handicap: Sophia Wong.

Boys under 13 (*Rush Cup*): Dane Atmore-Jones 1, Nathan Butchard 2, Luke McNair-Robertson 3.

- Sealed handicap: Luke McNair-Robertson.

Girls under 15 (*Wilkinson Cup*): Myer Halbert 1, Micah Wratt 2.

- Sealed handicap: Not awarded.

Boys under 15 (*McCrudden Cup*): Noah Abbott 1, Damon Wong 2, James Tuck 3.

- Sealed handicap: Damon Wong

Women under 18 (*Tina & Janice Parker Trophy*): Caitlin Douglass 1, Olivia Pugh 2.

- Sealed handicap: Olivia Pugh

Men under 18 (*Smith Cup*): Not awarded.

- Sealed handicap: Not awarded

Women under 20: Michaela Walker 1.

- Sealed handicap: not awarded.

Men under 20 (*JR Perston [Masterton Harriers] Cup*): Not awarded

Senior Women (*McGaughran Shield*): Sarah Riceman 1, Anneke Binkhorst 2.

- Sealed handicap: Anneke Binkhorst

Senior Men (*Wiren Cup*): Cameron Forrest 1, Martin McCrudden 2, Trent Corbett 3.

- Sealed handicap: Richard Blake.

Masters Women 35+ (*Veteran Women's Club Champs Trophy*): Deborah Platts-Fowler 1, Marie Pugh 2, Meredith Ogilvie 3.

- Sealed handicap: Meredith Ogilvie.

Masters Men (*Veteran Men's Club Champs Trophy*): Joe Fowler 1, Kevin Pugh 2, Mark Anderson 3.

- Sealed handicap (*Bill Meek Memorial Trophy*): Mark Anderson

Masters Women 50+ (*Alcock Plate*): Sheryne Coverdale 1, Tineke Hooft 2, Geraldine Smith 3.



- Sealed handicap: Denise Pilcher.

Masters Men 50+ (*Brooklyn Harriers Shield*): Bruce Atmore 1, Grant Carroll 2, Graeme Moss 3.

- Sealed handicap: Tony Simmers.

Masters Men 60+: Brian Rusbridge 1, Barry Prosser 2.

- Sealed handicap: Barry Prosser.

### **Club Road Championships, 19 August 2017, Wainuiomata**

Girls under 9 (*Barry Rush Cup*): Greta Abbott 1.

Boys under 9 (*McDonald Trophy*): Jack McNair-Robertson 1.

Girls under 11 (*Rhonda Cooper Cup*): Annabel Tuck 1, Maggie Robinson 2, Devon Cook 3.

Boys under 11 (*Arthur Klap Cup*): Blair Atmore-Jones 1, David Cook 2, Shaun Robertson 3.

Girls under 13 (*Speakman Cup*): Lucy Jurke 1, Sophia Wong 2, Gemma Pugh 3.

Boys under 13 (*Hay Trophy*): Thomas White 1, Dane Atmore-Jones 2, Nathan Butchard 3.

Girls under 15: Jessica Hughes 1, Sarah Hay 2, Carly Smith 3..

Boys under 15: Will Anthony 1, Liam Wright 2, Noah Abbott 3. .

Women under 18 (*OHC Cup*): Caitlin Douglass 1, Eleanor White 2, Olivia Pugh 3.

Men under 18 (*OHC Cup*): Not awarded.

Women under 20 (*OHC Cup*): Michaela Walker 1.

Men under 20 (*OHC Cup*): Not awarded.

Senior Women 10km (*Laurie Watson Memorial Trophy*): Esther George 1, Sarah Riceman 2.

Masters Women (5km) (*Olive Watson Memorial Trophy*): Michelle Van Looy 1, Marie Pugh 2, Ruth Humble 3.

Masters Men (10km) (*Campbell Cup*): Joe Fowler 1, Michael Waterman 2, Chris Martin 3.

Masters Women 50+ (5km) (*75 Cup - Peter Hanson*): Geraldine Smith 1, Alison Speakman 2.

Masters Men 50+ (10km): Nick Hegan 1, Richard Martin 2, Tony Simmers 3.

Masters Men 60+ (5km) (*Steve Bligh Trophy*) (5km): Steve Bligh 1, Brian Rusbridge 2.

### **Grand Memorial Handicap Race, 27 May 2017, Bryant's Farm, Ohariu Valley**

Junior Women (*Rebecca's Cup*): Sarah Hay 1.

- Fastest time: Sarah Hay

Junior Men (*1939-45 War Memorial Trophy*): Damon Wong 1, Max Westphall 2, Liam Wright 3.

rn- Fastest time (*Perston Rose Bowl*): Liam Wright

Women (*Dellabarca Trophy*): Deborah Platts-Fowler 1, Tracy Berghan 2, Ele Brown 3.

- Fastest time (*Scott Cup*): Deborah Platts-Fowler

Men 1st (*Philp Memorial Cup*): Brian Rusbridge

Men 2nd (*Byrne Memorial Cup*): Trent Corbett

Men 3rd (*Wilson Memorial Cup*): Martin McCrudden

- Fastest time (*Dad Philp's Pewter Pot*): Martin McCrudden

### **Philp Shield Team Race, 9 September 2017, Johnsonville**

Winning Team (*Philp Shield*): Terry Kurukaanga, Noah Abbott, Ruth Humble, Richard Blake.

### **Perston Baton Relay, 16 September 2017, Karori Park**

Winning Team (*Perston Baton*): Ele Brown, Kelly Abbott, Sarah Riceman, Jessica Hughes, Joe Fowler.

## Performance Trophies

### Inter-club Points

Points competition based on points from inter-club races (Vosseler, Dorne, Wellington Cross Country champs, Wellington Road champs):

Senior Women (*Prosser Rose Bowl*): Sarah Riceman.

Senior Men (*Lord Cup*): Martin McCrudden.

Masters Women (*Binkhorst Cup*): Nicola Hankinson.

Masters Men (*Veteran Champion Cup*): Joe Fowler.

### Inter-club Incentive Points

Handicap points competition based on club ranking in inter-club races (Vosseler, Dorne, Wellington Cross Country champs and Wellington Road champs):

Senior Women (*Bradley Trophy*): Not awarded

Senior Men (*Jelley Cup*): Martin McCrudden

Masters Women (*Harris Incentive Cup*): Nicola Hankinson

Masters Men (*Veteran's Incentive Trophy*): Max O'Kane, Chris Martin.

### Consistent Merit

Distinction in both running and club administration (*Ingle Trophy*): Trent Corbett

- Walkers (*Carol Parkyn Memorial Cup*): Paula Binkhorst

### Best All Round Performances

Girls under 9 (*Wolff-Ohlsson Cup*): Greta Abbott

Boys under 9: Jack McNair-Robertson

Girls under 11: Annabel Tuck

Boys under 11 (*Himona Cup*): Blair Atmore-Jones

Girls under 13 (*C Hardman and H Rush Trophy*): Lucy Jurke

Boys under 13 (*Morey Cup*): Thomas White

Girls under 15 (*Kelly Cup*): Jessica Hughes

Boys under 15 (*Jack Blanchfield Memorial Trophy*): Will Anthony

Women under 18: Caitlin Douglass

Men under 18: Patrick White

Women under 20: Michaela Walker

Men under 20 (*Major A B Chappel Trophy*): Not awarded

M/W60 and over (*Hanson and Watson Trophy*): Max O'Kane

### Family Award 2017

For points gained by two generations of the one family over all races of the year: Bruce Atmore and Dane Atmore-Jones.

### Most Improved

Girls under 7: Not awarded

Boys under 7: Not awarded

Girls under 9: Greta Abbott

Boys under 9: Jack McNair-Robertson

Girls under 11 (*Ken Ritchie Cup*): Maggie Robinson

Boys under 11 (*Bott Cup*): Shaun Robertson

Girls under 13 (*Harris Cup*): Lucy Jurke

Boys under 13 (*McCutcheon Cup*): Thomas White



Girls under 15 (*Mallard Trophy*): Sarah Hay  
Boys under 15 (*Mike Waterman Trophy*): James Tuck  
Women under 18: Hannah Jurke  
Men under 18: Patrick White  
Women under 20: Izzy Hegan  
Men under 20 (*Arthur T Davies Memorial Vase*): Not awarded  
Most Improved Club Runner (*Jacques Cup*): Richard Blake  
Junior Athlete Showing Most Potential (*Fred Mair Memorial Trophy*): Will Anthony

## Other awards

### Club representative badges/date bars

Senior men's representative badge/date bar: Cameron and Trent.  
Senior women's representative badge/date bar: Not awarded  
Masters men's representative badge/date bar: Joe Fowler, Mike Waterman and Chris Martin.  
Masters women's representative badge/date bar: Deborah Platts-Fowler, Michelle Van Looy, Marie Pugh.

### Attendance

Not awarded.

### Club Marathon Championship

Men (*Marathon Championship Cup*): Iain Westphall  
Women: Not awarded

### The Kevin Wilson "Nattiest Attire" Award (The Bleeding Heart Jersey)

Not awarded.

### Club Champion

Club Champion - Points in all Club Races (Maiden & Perston, Grand Memorial, club cross country champs, Philp Shield, club road champs) (*Charlie Grant 50th Jubilee Cup*): Tineke Hooft

### Performance scholarships

*These awards acknowledge our top performers in inter-club races in each of the SM, SW, M19 and W19 grades (or as determined by the club's committee). The value of the award is a free membership for the following year.*

Cameron Forrest (SM), Esther George (SW), Will Anthony (JM), Lucy Jurke(JW)



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