

S E P T E M B E R**1 Club Day**

Pack Runs & Walk.
Venue: Clubrooms.

Also: ANZ Road Championships, Auckland**8 Club Day**

Pack Runs & Walk.
Venue: Clubrooms.

15 Belvedere Block Relays

Interclub road relay races
Venue: Wairarapa.
Also: Club Day
Pack Runs & Walk
Venue: Clubrooms

22 Perston Baton Relay

12.30pm Club Relay & Walk
Venue: Karori Park tbc

29 Mystery Run & Children's Activities

Pack Runs & Walk
Venue: Clubrooms.

O C T O B E R**6 NZ Road Relay Championships**

Interclub road relay races, Timaru

Also: Pack Runs and Walk.
Venue: Clubrooms, Bannister Ave

13 Final Club Day & Prize-giving

1.45pm Pack Run/Children's Activities
3.30pm Junior's party
4.00pm Prize giving
Venue: West Park School tbc
8.00pm Club dinner. Venue tba.

N O V E M B E R**4 Masters 10k Road Race**

Road race for registered Masters athletes.
Venue: Lower Hutt

8 Olympic Harrier Club Annual General Meeting

Followed by social event.
Venue: Clubrooms 7.30pm

CLUB COACHING

Organised coaching/training sessions are held on Alex Moore Park, from the clubrooms every Tuesday during the season, wet or fine:
4pm Primary/Intermediate age juniors
5pm.Secondary, M & W 18/19 juniors 6pm Seniors & Masters
Contact Murray McGaughran, phone 384 8762, for more information.
Long Slow Distance training pack runs leave from the Clubrooms at 8am every Sunday during the season.

CLUB WEBSITE

Bookmark

www.olympicharriers.org.nz

START TIMES

The club meets every Saturday afternoon during the season,
March 25 to October 14, **at 1.45pm**, at the Clubrooms, unless otherwise indicated.
Interclub times are announced close to the event.

While all information was correct at time of printing subsequent changes may be necessary. Club members will be notified of any changes via the Wednesday Bulletin e-mail and the website.

CLUB CONTACTS

President Andrew Dorrington
phone 479 7347

Secretary Donna McDonald
phone 232 6063

Treasurer Janet Dobbie
phone 479 7539

Club Captain/ Club Coach Murray McGaughran
phone 384 8762

Deputy Club Captain Rhonda Cooper
phone 477 2035

Communications Chris Speakman
phone 566 9764

Membership Lyndsay Fortune
phone 477 0763

Uniforms Steve Tait
phone 478 6125

SUBSCRIPTIONS

(1 April 2007 to 31 March 2008)

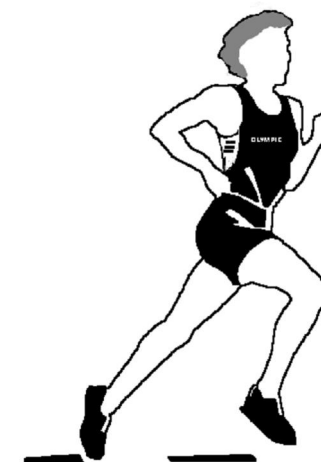
Seniors	20 +	\$80
Masters	Women 35 +	\$80
	Men 40 +	\$80
Full time adult student		\$50
Juniors	18 & 19	\$40
Juniors	16 & 17	\$25
Juniors	Up to 15	\$20
	Maximum payable per family for juniors up to 15yrs.	\$50
Family maximum		\$220
Walkers		\$25
Associate Members		\$25

Age Grade Qualification:

Age as at 31 December 2007 for all grades except Masters.
Masters – age on day of event.
Masters Women 35+, Men 40+



(Incorporated)
(Established 1914)

**2007 CLUB SYLLABUS**

Clubrooms: Top Field, Alex Moore Park, Bannister Ave, Johnsonville
Phone: 04 478 3898
Postal: PO Box 13-095, Johnsonville

Website: www.olympicharriers.org.nz

M A R C H

17 Junior Opening Day & Enrolment

Primary & Intermediate age children, Returning & New Members welcome
Venue: Clubrooms.

24 Club Opening Day & Enrolment

Pack Runs and Walk.
Venue: Clubrooms.
Juniors: (Prim & Int) Meet at 2.30pm

31 Club Day

Pack Runs and Walk.
Venue: Clubrooms.

A P R I L

7 Club Day (Easter Weekend)

Pack Runs and Walk.
Venue: Clubrooms.

14 Maiden & Perston Races

Club sealed handicap XC races.
Walk to Venue from clubrooms.
Venue: Newlands College (meet there)

Afternoon Tea at the clubrooms
(Please bring a plate of food)

21 Club Day

Pack Runs and Walk.
Venue: Clubrooms.

28 Club Day

Pack Runs and Walk.
Venue: Clubrooms.

Social: Welcome and get to know new members

M A Y

5 Shaw Baton Relays

Inter-club cross country relay races.
Walk from venue.
Venue: Battle Hill Regional Farm Park, Paekakariki Hill Road, Pauatahanui
First race: 1pm

12 Club Day

Pack Runs and Walk.
Venue: Clubrooms

13 Masters Classic Relay

Venue: Trentham Memorial Park.

19 University Relays

Inter-club cross country relay race.
Walk & Walking races from venue.
Venue: QEII Park, McKay's Crossing

26 Vosseler Shield

Interclub cross country races.
Walk from venue.
Venue: WHAC, Mt Victoria.

Social: Bowling at 'Lanes'

J U N E

2 Invitation from Hutt Valley Harrier Club to join them

Pack Runs & Walk
Venue: HVH Clubrooms (Petone Rec)

9 Dorne Cup

Inter-club cross country races.
Walk from venue.
Venue: Trentham Memorial Park.

17 Club Day

Pack Runs and Walk.
Venue: Clubrooms.
Also: NZ Secondary Schools & ANZ 4km XC Championships, venue: Christchurch

23 Club Cross Country Championships

Cross country races.
Walk from Clubrooms to venue.
Venue: Onslow Pony Club, Boom Rock Rd, Ohariu Valley

Afternoon Tea at the clubrooms
(Please bring a plate of food)

24 Harbour Capital Full & Half Marathon

Venue: Westpac Stadium
Incorporates Athletics Wellington Full Marathon Championships

30 North Island Cross Country Championships, Taupo

Club mid-winter trip
Venue: Spa Park, Taupo.
Club Dinner in Taupo.

J U L Y

7 Club Day

Pack Runs and Walk.
Venue: Clubrooms.
Also: ANZ Mountain running Championships – Nelson

14 Athletics Wellington Cross Country Championships

Inter-club cross country races.
Walk from venue.
Venue: Waikanae Park, Waikanae

21 Club Day

Pack Runs and Walk.
Venue: Clubrooms.

22 Masters 8k Road Race

Road race for registered Masters athletes
Venue: Olympic Clubrooms

28 Grand Memorial

Club cross country, open handicap races.
Walk from venue back to Clubrooms.
Venue: Onslow Pony Club, Boom Rock Rd, Ohariu Valley.

Afternoon Tea at the clubrooms
(Please bring a plate of food)

Social: Quiz Night at Clubrooms

A U G U S T

4 Club Day

Pack Runs and Walk.
Venue: Clubrooms.
Also: ANZ Cross Country Championships, Otago

11 Bays Relay

Interclub road relay races.
Venue: Start Island Bay; Finish Evans Bay Marina
Walk to Red Rocks

18 Athletics Wellington Road Championships

(Incorporates Club Road Championships)
Interclub road running and walking races.
Venue: Heretaunga

25 Philp Shield

Club teams road race.
Walk from venue.
Venue: Clubrooms.