

S E P T E M B E R**2 Club Day**

Pack Runs & Walk.

Venue: Clubrooms.

Also: ANZ Road Championships, Christchurch**9 Club Day**

Pack Runs & Walk.

Venue: Clubrooms.

16 Belvedere Block Relays

Interclub road relay races

Venue: Wairarapa.

Also: Club Day

Pack Runs & Walk

Venue: Clubrooms

23 Perston Baton Relay

12.30pm Club Relay & Walk

Venue: Karori Park tbc

30 Club Day

Pack Runs & Walk

Venue: Clubrooms.

O C T O B E R**7 NZ Road Relay Championships**

Interclub road relay races.

Venue: Fielding

Also: Pack Runs and Walk.

Venue: Clubrooms, Bannister Ave

14 Final Club Day & Prize-giving

Mystery Run – Children's activities

3.30pm Junior's party

4.00pm Prize giving

Venue: Clubrooms.

8.00pm Club dinner. Venue TBA.

N O V E M B E R**2 Olympic Harrier Club Annual General Meeting**

Followed by social event.

Venue: Clubrooms 7.30pm

5 Masters 10k Road Race

Road race for registered Masters athletes.

Venue: Lower Hutt

CLUB COACHING

Organised coaching/training sessions are held on Alex Moore Park, from the clubrooms every Tuesday during the season, wet or fine:

Primary/Intermediate age juniors 4pm

Secondary, M18 & M19 age juniors

5pm. All others 6pm

Contact Murray McGaughran, phone 384 8762, for more information.

Long slow distance training pack runs leave from the Clubrooms at 8am every Sunday during the season.

CLUB WEBSITEBookmark www.olympicharriers.org.nz

The site has a full range of relevant and interesting information for Olympic Harrier club members.

START TIMES

The club meets every Saturday afternoon during the season, March 25 to October 14, at 1.45pm, at the Clubrooms, unless otherwise indicated. Interclub times are announced close to the event.

While all information was correct at time of printing subsequent changes may be necessary. Club members will be notified of any changes via the Wednesday Bulletin e-mail and the website.

CLUB CONTACTS**President** Bryan McLaughlin
*phone 232 8582***Secretary** Donna McDonald
*phone 232 6063***Treasurer** Janet Dobbie
*phone 479 7539***Club Captain** Murray McGaughran
*Phone 384 8762***Deputy Club Captain & Membership Co-ordinator** Rhonda Cooper
*phone 477 2035***Communications & Registrar** Chris Speakman
*phone 566 9764***Club Coach** Murray McGaughran
*phone 384 8762***Uniforms** Steve Tait
*phone 478 6125***SUBSCRIPTIONS***(1 April 2006 to 31 March 2007)*

Seniors	20 +	\$80
Masters	Women 35 +	\$80
	Men 40 +	\$80
Juniors	18 & 19	\$40
Juniors	16 & 17	\$25
Juniors	Up to 15	\$15

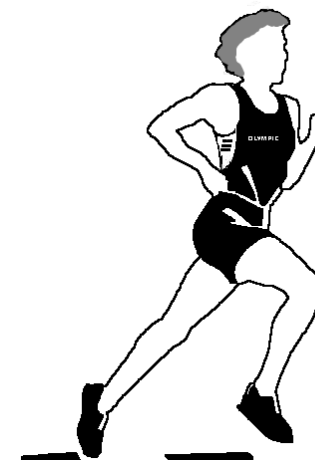
Age Grade Qualification:

Age as at 31 December 2006 for all grades except Masters.

Masters – age on day of event.

Masters Women 35+, Men 40+

Note: \$40 maximum is payable per family for juniors up to 15.

Walkers \$25
Associate Members \$25**Fees due by 1 May 2006****Olympic Harriers****(Incorporated)
(Established 1914)****2006
CLUB SYLLABUS****Clubrooms:** Top Field, Alex Moore Park, Bannister Ave, Johnsonville**Phone:** 04 478 3898**Postal:** PO Box 13-095, Johnsonville**Website:** www.olympicharriers.org.nz

Edition # 1 – 14 Feb 06'

M A R C H

18 Junior Opening Day
Primary & Intermediate age children,
Returning & New Members welcome
Venue: Clubrooms.

25 Club Opening Day
Pack Runs and Walk.
Venue: Clubrooms.
Juniors: (Prim & Int) Meet at 2.30pm

A P R I L

1 Club Day
Pack Runs and Walk.
Venue: Clubrooms.

8 Club Day
Pack Runs and Walk.
Venue: Clubrooms.

**Social: Welcome and get to know
new members**

**15 Club Day
(Easter Weekend)**
Pack Runs and Walk.
Venue: Clubrooms.

22 Maiden & Perston Races
Club sealed handicap XC races.
Walk to Venue
Venue: Newlands College (meet there)
Afternoon Tea (bring a plate of food)

29 Club Day
Pack Runs and Walk.
Venue: Clubrooms.

28-30 Junior Training Camp
Venue: Forest Lakes, Otaki.

M A Y

6 Shaw Baton Relays
Inter-club cross country relay races.
Walk from venue.
Venue: Battle Hill Regional Farm Park,
Pauatahanui/Paekakariki Hill Road.
First race: 1pm

13 Club Day
Pack Runs and Walk.
Venue: Clubrooms
Also: ANZ Mountain Running
Championships
Up-hill Mountain Races.
Venue: Black Birch, Marlborough.

14 Masters Classic Relay
Venue: Trentham Memorial Park.

20 University Relays
Inter-club cross country relay race.
Walk from venue.
Venue: QEII Park, McKay's Crossing

27 Vosseler Shield
Interclub cross country races.
Walk from venue.
Venue: WHAC, Mt Victoria.

J U N E

**3 Invitation to Hutt Valley
Harrier Club to join us**
Pack Runs & Walk
Venue: OHC Clubrooms
Afternoon Tea (bring a plate of food)

10 Dorne Cup
Inter-club cross country races.
Walk from venue.
Venue: Trentham Memorial Park.

17 Club Day
Pack Runs and Walk.
Venue: Clubrooms.

Also: NZ Secondary Schools &
ANZ 4km XC Championships,
venue: TBA

**24 Club Cross Country
Championships**
Cross country races.
Walk from Clubrooms to venue.
Venue: Onslow Pony Club, Boom
Rock Rd, Ohariu Valley
Afternoon Tea (bring a plate of food)

**25 Harbour Capital
Full & Half Marathon**
Venue: Westpac Stadium
**Incorporates Athletics Wellington
Full Marathon Championships**

J U L Y

**1 North Island Cross
Country Championships,
Taupo**
Club mid-winter trip
Venue: Spa Park, Taupo.
Club Dinner in Taupo.
Also: Pack Runs and Walks from
Clubrooms.

8 Club Day
Pack Runs and Walk.
Venue: Clubrooms.

**9 Wainuiomata Mountain
Race (AW Mtn Champs)**
Venue: Wainuiomata Rugby League
Clubrooms

**15 Athletics Wellington
Cross Country
Championships**
Inter-club cross country races.
Walk from venue.
Venue: Waikanae Park, Waikanae

22 Club Day
Pack Runs and Walk.
Venue: Clubrooms.

21-22 ANZ AGM
Venue: Wellington

23 Masters 8k Road Race
Road race for registered Masters
athletes
Venue: Olympic Clubrooms

29 Grand Memorial
Club cross country, open handicap
races.
Walk from venue back to Clubrooms.
Venue: Onslow Pony Club, Boom
Rock Rd, Ohariu Valley.

Afternoon Tea (bring a plate of food)

Social: Quiz Night at Clubrooms

A U G U S T

5 Club Day
Pack Runs and Walk.
Venue: Clubrooms.
Also: ANZ Cross Country
Championships, Stratford

12 Bays Relay
Interclub road relay races.
Venue: Start Island Bay; Finish Evans
Bay Marina
Walk to Red Rocks.

**19 Athletics Wellington Road
Championships**
*(Incorporates Club Road
Championships)*
Interclub road running and walking
races. Venue: CIT Heretaunga

26 Philp Shield
Club teams road race.
Walk from venue.
Venue: Clubrooms.